Prevocalic Voicing

Hold your thumb **down** to indicate that your voice is turned **off**, and your thumb **up** to indicate that your voice is turned **on**.

Start the following words with your thumb down and slowly turn your thumb up as you turn your voice on. For example, for the word "pay" you would begin with your thumb down as you say "p", as you turn your thumb up release extra air /aspiration (like an /h/), once your thumb reaches the up position you can produce the voiced vowel "ay".

